

Spotlight on...



Physical Education

At St Anthony's, we learn to move and we move to learn. We aim to develop pupils' motor skills, leadership skills, thinking skills and their knowledge of health and fitness. We provide a progressive, knowledge-based curriculum that has breadth and balance, empowering pupils to develop self-confidence and resilience. We want our pupils to develop and sustain a lifelong passion and commitment to leading healthy, active lives.

As always, we have had a very busy year so far...

EYFS

In *Nursery* and *Reception* this term the focus has been on enhancing the children's Gross Motor Skills. We have been working with the pupils on their throwing, catching and kicking skills. The children threw the ball up and down individually, then passed the ball to a peer to practice both their throwing and catching, finally the children kicked the ball to one another. The children have grown in confidence and actively seek out the balls in outdoor provision to practice these skills independently whilst loving to learn. The children also love to climb and balance whilst outside, independently building their own bridges to balance on.

KS1

Year 1 have focused on developing their fundamental movement skills through games and gymnastics, looking specifically at hopping and overarm throwing, as well as developing their pencil rolls and egg rolls.

Year 2 have focused on mastering their fundamental movement skills through athletics, ball games and dance. They have been exploring their creativity through movement in dance around the theme of the Great Fire of London.

KS2

Year 3 have been developing their teamwork skills through outdoor and adventure activities and invasion games such as handball. In gymnastics they have looked at travel, shapes and balances, putting these together to create a sequence.

Year 4 have worked collaboratively in their Creative Games unit, where they have created their own games, developing their leadership and oracy skills through teaching the new game to others in their group. They have also been connecting with their creativity through dance exploration, looking specifically at the life of a gladiator in Ancient Rome.

Year 5 continue to extend their swimming and safety skills. This week they thoroughly enjoyed learning basic life-saving skills, completing a variety of tasks in their pyjamas!

Year 6 have been doing tremendous work creating their own class Haka in their dance lessons. They have also enjoyed completing fitness circuits.

PE Lessons

- We use the Lancashire PE schemes of work to support the teaching of PE from Years 1 to 6. In EYFS, Physical Development is taught through the EYFS Curriculum.
- The range of areas in PE are: Athletics, Games, Gymnastics, Dance, Swimming and Outdoor Adventurous Activity such as Orienteering.
- In KS1 & KS2, pupils have two PE lessons per week.
- To supplement and raise the profile of PE we have a wide range of opportunities such as the School Games Competitions, Summer Fun Run, our Physical Activity Council and Playground Leaders.
- To ensure high quality teaching of PE, we have two full-time PE teachers who deliver weekly PE coaching sessions to all class teachers in KS1 & KS2.



This year's' focus...

We are focused on developing pupils' oracy skills. In PE there is plenty of opportunity for teamwork, co-operation and communication. The subject is practical and in such a fun, active learning environment, it is the ideal place to encourage and promote the linguistic element of oracy skill development. Our curriculum provides ample opportunity for pupils to talk about their areas of strength and development. They have opportunities to be referees and coaches. Pupils are challenged to use subject specific language. We have been busy developing sentence stems for each class and have been creating vocabulary banks specific to PE.

Extra-curricular activities

We have so many after-school clubs available to all of our children. Our clubs change every half-term. Please check out the Parent App for the latest availability. Our girls football goes from strength to strength. This is hugely down to the tremendous commitment from staff who regularly coach all the girls every Wednesday after school. We look forward to Friday the 8th of March where we will be taking part in the 'Biggest Girls Football Event Ever!'



Huge congratulations to the children who won tickets to watch Stockport County in action! Thank you to Stockport County for donating the tickets. Our children and their families had an awesome day out!



Our PAC team are always so busy. They organised our Gaudete celebrations in the lead up to the Christmas holidays. All children from Years 1-6 took part in a range of sports competitions. Even Santa Claus popped in to meet the children!



Competitions:

A snapshot of Level 1, Level 2 and Level 3 Inspire and Excel Competitions.

Included is our Manchester Cross Country Champion Ava, and Our World Grappling Champion Shay!



Pupil Voice



'I enjoy representing school in many competitions and love that we get to do so many activities in PE.'

Willow, 6MF

'We get to play football most days and take part in so many competitions!'

Ibrahim, 6MF



'I love PE because it is really fun and energising!'

Emerald, 4LH



'I love that PE is so much fun and we can talk about our strengths and weaknesses and work together to get better.'

Poppy, 5RW



Pupil Voice



'I wish lunchtime play was longer because it's so much fun with all of the playground equipment.'

Finley, 3PS

'PE at St Anthony's is fun and it is good exercise.'

Skyla, 5ZS



'I love PE and school sport at St Anthony's and I always have done.'

Mariella, 4MS

'I like everything about PE and the school sport is very competitive.'

Samuel, 6FC

