



## Year 3 and 4 Handwriting Long-Term Plan

Handwriting is to be taught 3 times per week.

At the start of each handwriting session, ensure children are in the correct sitting position and that they are holding their pencil in the 'tripod grip' (see diagram at the end of this document).



**BBC**  
**Back Bottom Chair**



**TNT**  
**Tummy Near Table**



**Six Feet**  
**on the ground**



**Two Hands**  
**to write**

Children should write in a sharp pencil.

Refer to the 'Formation Guide' for help on the formation of letters and numbers.



# St. Anthony's Catholic Primary School

## Autumn 1

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Review the straight line family.  i l t j	Review the coat hanger family.  c o a d	Review the coat hanger family.  g q e	Review the bridge family  n m r	Review the bridge family  h b k p Explicit teaching of <i>k</i> as this has not been taught in ks1	Review the bridge family  v w  and the smile family u y	Review the misfits  s f x z
Y3 CEW to practise – February, fruit  Y4 CEW to practise – accident, accidentally	Y3 CEW to practise – answer, arrive  Y4 CEW to practise – actual, actually	Y3 CEW to practise – busy, build  Y4 CEW to practise – believe, natural	Y3 CEW to practise – address, bicycle  Y4 CEW to practise – possess, possession	Y3 CEW to practise – breath, breathe  Y4 CEW to practise – therefore, though	Y3 CEW to practise – centre, circle  Y4 CEW to practise – although, appear	Y3 CEW to practise – review all autumn 1  Y4 CEW to practise – review all autumn 1



# St. Anthony's Catholic Primary School

## Autumn 2

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<p>Review the upper case letters.</p> <p>A B C D E</p> <p><b>Emphasise that upper case letters are not joined onto other letters.</b></p> <p>Y3 CEW to practise – forward, forwards</p> <p>Y4 CEW to practise – business, famous</p>	<p>Review the upper case letters.</p> <p>F G H I J</p> <p><b>Emphasise that upper case letters are not joined onto other letters.</b></p> <p>Y3 CEW to practise – favourite, island</p> <p>Y4 CEW to practise – heard, height</p>	<p>Review the upper case letters.</p> <p>K L M N O</p> <p><b>Emphasise that upper case letters are not joined onto other letters.</b></p> <p>Y3 CEW to practise – eight, eighth</p> <p>Y4 CEW to practise – century, certain</p>	<p>Review the upper case letters.</p> <p>P Q R S T</p> <p><b>Emphasise that upper case letters are not joined onto other letters.</b></p> <p>Y3 CEW to practise – history, heart</p> <p>Y4 CEW to practise – imagine, important</p>	<p>Review the upper case letters.</p> <p>U V W X Y</p> <p><b>Emphasise that upper case letters are not joined onto other letters.</b></p> <p>Y3 CEW to practise – early, earth</p> <p>Y4 CEW to practise – knowledge, weight</p>	<p>Review the upper case letters.</p> <p>Z</p> <p><b>Emphasise that upper case letters are not joined onto other letters.</b></p> <p>Y3 CEW to practise – learn, length</p> <p>Y4 CEW to practise – various, library</p>	<p>Review the numbers</p> <p>1 2 3 4 5 6 7 8 9 0</p> <p>Y3 CEW to practise – review all autumn 2</p> <p>Y4 CEW to practise – review all autumn 2</p>



# St. Anthony's Catholic Primary School

## Spring 1

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<p>Teach joining pairs of letters. On joining letters</p> <p>al ab ia va</p> <p>Y3 CEW to practise – decide, describe</p> <p>Y4 CEW to practise – grammar, group</p>	<p>Teach joining pairs of letters. On joining letters</p> <p>ib op lp mp</p> <p>Y3 CEW to practise – often, opposite</p> <p>Y4 CEW to practise – different, difficult</p>	<p>Teach joining pairs of letters. On joining letters</p> <p>ck cy nc oc</p> <p>Y3 CEW to practise – minute, popular</p> <p>Y4 CEW to practise – complete, ordinary</p>	<p>Teach joining pairs of letters. On joining letters</p> <p>de dr da nd</p> <p>Y3 CEW to practise – position, potatoes</p> <p>Y4 CEW to practise – occasion, occasionally</p>	<p>Teach joining pairs of letters. On joining letters</p> <p>em ke ej oj</p> <p>Y3 CEW to practise – quarter, question</p> <p>Y4 CEW to practise – exercise, experience</p>	<p>Teach joining pairs of letters. On joining letters</p> <p>fo fa uf of</p> <p>Y3 CEW to practise – recent, regular</p> <p>Y4 CEW to practise – increase, interest</p>	<p>Teach joining pairs of letters. On joining letters</p> <p>ng dg iq oq</p> <p>Y3 CEW to practise – review all spring 1</p> <p>Y4 CEW to practise – review all spring 1</p>



# St. Anthony's Catholic Primary School

## Spring 2

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Teach joining pairs of letters. On joining letters	Teach joining pairs of letters. On joining letters	Teach joining pairs of letters. On joining letters	Teach joining pairs of letters. On joining letters	Teach joining pairs of letters. On joining letters	Teach joining pairs of letters. On joining letters	Teach joining pairs of letters. On joining letters
ht ha wh th	ki mi cl wl	ky kn ok rk	wm am ny en	qu nq us os	lt it lit cu up	ev nv wo we
Y3 CEW to practise – guard, guide	Y3 CEW to practise – notice, naughty	Y3 CEW to practise – sentence, straight	Y3 CEW to practise – strange, strength	Y3 CEW to practise – recent, regular	Y3 CEW to practise – woman, women	Y3 CEW to practise – review all spring 2
Y4 CEW to practise – calendar, caught	Y4 CEW to practise – medicine, material	Y4 CEW to practise – consider, continue	Y4 CEW to practise – disappear, library	Y4 CEW to practise – extreme, enough	Y4 CEW to practise – perhaps, purpose	Y4 CEW to practise – review all spring 2



# St. Anthony's Catholic Primary School

## Summer 1

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<p>Teach joining pairs of letters. On joining letters</p> <p>vy zi ze iz</p>	<p>Focus on individual letters (ensuring pupils fully understand the correct size of small letters, tall letters and tail letters.</p> <p>il tj</p>	<p>Focus on individual letters (ensuring pupils fully understand the correct size of small letters, tall letters and tail letters.</p> <p>h n m</p>	<p>Focus on individual letters (ensuring pupils fully understand the correct size of small letters, tall letters and tail letters.</p> <p>b p k r</p>	<p>Focus on individual letters (ensuring pupils fully understand the correct size of small letters, tall letters and tail letters.</p> <p>c o a d</p>	<p>Focus on individual letters (ensuring pupils fully understand the correct size of small letters, tall letters and tail letters.</p> <p>g q e l e</p>	<p>Focus on individual letters (ensuring pupils fully understand the correct size of small letters, tall letters and tail letters.</p> <p>v w u y</p>
<p>Y3 CEW to practise – thought, through</p> <p>Y4 CEW to practise – suppose, surprise</p>	<p>Y3 CEW to practise – possible, mention</p> <p>Y4 CEW to practise – ordinary, particular</p>	<p>Y3 CEW to practise – pressure, special</p> <p>Y4 CEW to practise – peculiar, separate</p>	<p>Y3 CEW to practise – pressure, probably</p> <p>Y4 CEW to practise – reign, special</p>	<p>Y3 CEW to practise – remember</p> <p>Y4 CEW to practise – promise</p>	<p>Y3 CEW to practise – review all summer 1</p> <p>Y4 CEW to practise – review all summer 1</p>	



# St. Anthony's Catholic Primary School

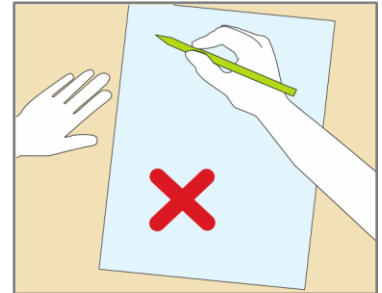
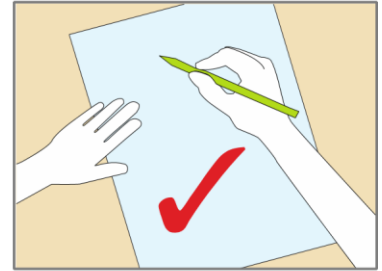
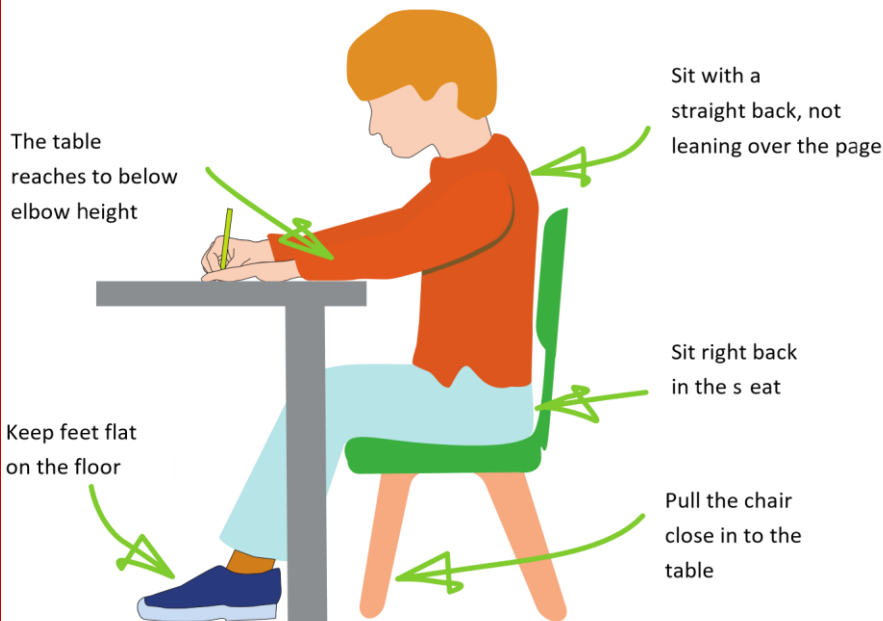
## Summer 2

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Focus on individual letters (ensuring pupils fully understand the correct size of small letters, tall letters and tail letters.  s f x z  Explicitly teach CEW where less confidence is shown	Recap number formation through multiplication practice.  2, 5, 10 x  Explicitly teach CEW where less confidence is shown	Recap number formation through multiplication practice.  4, 6, 8 x  Explicitly teach CEW where less confidence is shown	Recap number formation through multiplication practice.  3, 9, 12 x  Explicitly teach CEW where less confidence is shown	Recap number formation through multiplication practice.  7, 11 x  Explicitly teach CEW where less confidence is shown	Review capital letters based on formative assessment.  Explicitly teach CEW where less confidence is shown	Review capital letters based on formative assessment.  Explicitly teach CEW where less confidence is shown



## St. Anthony's Catholic Primary School

### Correct Sitting Position

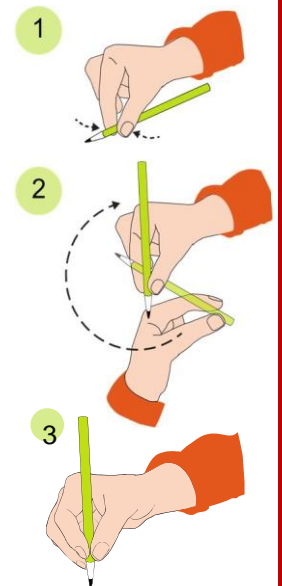


Paper position for right handed children

### The Tripod Pencil Grip

Both right- and left-handed children should be encouraged to use the tripod grip which allows the pen/pencil to be held securely whilst allowing controlled movements of the pen/pencil nib. Teachers should pay particular attention to pencil grip and sitting position.

- 1) Grip the pencil with your index finger and thumb with the nib pointing away.
- 2) With your free hand, spin the pencil from underneath.
- 3) Use your middle finger to support the underside of the pencil.



**If a child is not using the tripod pencil grip, ensure a pencil grip assessment has been done to put in appropriate interventions.**