

WINTER/SPRING MENU 2018/19



	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Selection of Homemade Pizza Slices Vegballs in your Favourite Sauce Sandwich Selection Baked Jacket Wedges Mini Corn on the Cob Jelly & Fruit	Traditional Lancashire Hotpot Quorn Fajita Pasta & Sauce Sliced Baguette Beetroot & Red Cabbage Cheese & Crackers with Carrot & Cucumber Sticks	Spaghetti Bolognaise Vegetarian Sausage Roll & Tomato Sauce Pasta & Sauce Garlic Bread Mashed Potatoes Carrots Oat Crunchie with Fruit Slices	Roast Dinner with all the Trimmings Macaroni Cheese Bake Hot Sandwich Special Roast & Mashed Potatoes Broccoli Tomato Bread Peach Melba	Salmon & Sweet Potato Fishcake Quorn Biryani Sandwich Special Chips Garden Peas Fruit Sponge with Custard
Week 2	Cheese & Onion Pie Quorn Sausage & Gravy Sandwich Selection Baked Jacket Wedges Carrots Mango Frozen Yoghurt with Seasonal Fruit	Baked Sausages, Yorkshire Pudding & Gravy Quorn Curry Pasta & Sauce Mashed Potatoes Carrot & Swede Rice Chocolate & Pear Sponge with Custard	Tandoori Chicken Cheese Whirl Jacket Potato Selection Baked Jacket Wedges Mini Corn on the Cob Jelly & Fruit	Homemade Lamb Curry Veggie Chilli con Carne Hot Sandwich Special Beetroot & Carrots Brown Rice Melon Boat	Fish Fingers Vegetable Pasta Bake Sandwich Selection Chipped Potatoes Mushy Peas Garlic Bread Shortbread Bite with Fruit
Week 3	Homemade Pizza Slices Quorn Bites Sandwich Selection Diced Potatoes Mixed Vegetables Fruit with Ice Cream	Homemade Chicken Curry Cheese & Bean Enchilada Pasta & Sauce Crusty Baguette Mini Corn on the Cob Cheese & Crackers with Carrot & Cucumber Sticks	Roast Dinner with all the Trimmings Quorn & Vegetable Curry Hot Sandwich Special Roast & Mashed Potatoes Cabbage & Carrots Rice Parsnip & Apple Cake with Custard	Chilli con Carne Cheese Flan Sandwich Selection Baked Jacket Wedges Broccoli Fruit Salad with Blueberry Frozen Yoghurt	Tempura Fish Goujon Veggie Chilli con Carne Pasta & Sauce Mashed Potatoes Garden Peas Rice Homemade Muffin

The Fresh Fayre Gang - making your school dinners taste great!

St. Anthonys Primary



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