

St Anthony's Primary Menu - Week 1

Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
Meal Choice 1: Select one each day (Halal & Vegetarian equivalent available where required)	Quorn & Vegetable Pie	Baked Sausages & Onion Gravy	Southern Style Chicken	Spring Lamb Pie	Lemon & Herb Hoki
Meal Choice 2: Select one each day	Cheese Whirl with Homemade Tomato Sauce	Spanish Omelette	Quorn Fajita	Shepherdess Pie	Pasta with Tomato & Mascarpone Sauce
Meal Choice 3: Select one each day	Vegetarian Sandwich Selection	Pasta with Tomato & Herb Sauce	Mediterranean Shells	Filled Roll Selection	Jacket Potato with a Choice of Filling
Accompaniments: Select accompaniment appropriate to main meal choices	Chipped Potatoes	Creamed Potatoes or Sliced Baguette	Sunshine Vegetable Rice	Sliced Malted Bloomer	Roast Potatoes
	Mixed Vegetables	Cabbage & Carrots	Sweetcorn Salsa	Beetroot & Carrots	Broccoli
Freshly prepared salad available daily with all meal choices					
Second Course: Fruit & Yoghurt available daily	Peach Melba	Fruity Flapjack	St Clements Cupcake	Fruit Salad with Mango Frozen Yoghurt	Apple & Cinnamon Swirl
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				

St Anthony's Primary Menu - Week 2

Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
Meal Choice 1: Select one each day (Halal & Vegetarian equivalent available where required)	Vegetable Quiche	Roast Dinner & Gravy	Your Favourite Chicken Curry	Lamb Bolognese	Harry Ramsden's Fish Fillet
Meal Choice 2: Select one each day	Pasta with Neapolitan Sauce	Tomato, Pepper & Mozzarella Sausages	Caribbean Quorn	Cheese & Potato Pie	Vegetable Pasta Bake
Meal Choice 3: Select one each day	Jacket Potato with a Choice of Vegetarian Fillings	Pasta with Tomato & Herb Sauce	Jacket Potato with a Choice of Fillings	Filled Baguette Selection	Filled Sandwich Selection
Accompaniments: Select accompaniment appropriate to main meal choices	Creamed Potatoes	Roast & Creamed Potatoes	Sunshine Rice	Wholemeal Spaghetti or Tomato Flavoured Bread	Chipped Potatoes
	Garden Peas & Sweetcorn	Cauliflower & Carrots	Broccoli	Mixed Vegetables	Garden or Mushy Peas
Freshly prepared salad available daily with all meal choices					
Second Course: Fruit & Yoghurt available daily	Fruit Salad with Strawberry Yoghurt	Chocolate & Mandarin Cake Bar	Cheese & Crackers with Apple & Cucumber Sticks	Fruit Jelly & Peaches	Strawberry Shortcake
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				

St Anthony's Primary Menu - Week 3

Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
Meal Choice 1: Select one each day (Halal & Vegetarian equivalent available where required)	Homemade Margherita Pizza	Minced Beef Hotpot	Chilli con Carne	Chicken & Sweetcorn Pie & Gravy	Cod & Salmon Grill & Lemon Mayo Dip
Meal Choice 2: Select one each day	Veggie Chilli Con Carne	Pasta with Bolognaise Sauce	Cheese & Bean Enchiladas	Vegetarian Sausage Roll & Homemade Tomato Sauce	Cheese Omelette
Meal Choice 3: Select one each day	Vegetarian Filled Baguette Selection	Filled Sandwich Selection	Jacket Potato with a Choice of Fillings	Hot Sandwich Special	Pasta with Neapolitan Sauce
Accompaniments: Select accompaniment appropriate to main meal choices	Baked Jacket Wedges	Sliced Baguette	Vegetable Brown Rice or Garlic Flavoured Bread	Chipped Potatoes	Creamed Potatoes
	Mini Corn on the Cob	Beetroot & Carrots	Peas & Sweetcorn	Mixed Vegetables	Carrots & Green Beans
Freshly prepared salad available daily with all meal choices					
Second Course: Fruit & Yoghurt available daily	Chocolate Arctic Roll & Fruit Cocktail	Lemon Iced Finger	Fruity Cookie with Orange Wedges	Strawberry & Kiwi Mousse	Cheese & Crackers with Apple & Cucumber Sticks
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				